

Schedule of Classes 2019

Class 1:	Our Why/ Illness/ Symptom Management versus Optimal Wellness/ Holistic Health/ Digestion	18 September 2019
Class 2:	We are Spirit and Creator in a body	25 September 2019
Class 3:	Why we choose to help others	2 October 2019
Discussion Group 1:	Guest Speakers – 1. Roos Van Monsjou “Healthy Cooking” 2. Maaïke Driessen “Kinesiology & Reprogramming” 3. Gerrie Sporken “Accupuncture & 5 Elements”	9 October 2019
Test 1:	Test 1 Online Oral and Written Component	23 October 2019
Class 4:	Weight Management	30 October 2019
Class 5:	Wellness Coaching / Business / Entrepreneurship	6 November 2019
Class 6:	Altered Food/ Supplement Solutions	20 November 2019
Discussion Group 2:	Guest Speakers – 1. Debby van der Plas “Neuro-Feedback & Lifestyle Choices” 2. Eveline Jurry “The Positive Separation Method” 3. Lauree Sine “EFT & Coaching”	27 November 2019
Test 2:	Test 2 Oral and Written Component	4 December 2019
Class 7:	History of Glycobiology/ Nutritional Glycobiology and Consciousness	11 December 2019
Class 8:	Vibration and Energy healing/Glycans/ Cell Functioning and Communication	8 January 2020
Class 9:	Digestion/Immunity	15 January 2020
Class 10:	Circulation/ Endocrine/Fetal Development/ Fertility/ Pregnancy/ Post-Partum/ Brain	22 January 2020
Discussion Group 3:	Guest Speakers – 1. Claudia Lanson-de Boer “Women’s Health, Hormones and Digestive Health” 2. Henrike Hendrikson “Healing with Sound & Vibrational Frequencies” 3. Lia Weijts & Yvonne Medd “Posture and Movement”	29 January 2020
Test 3:	Test 3 Online Oral and Written Component	5 February 2020
Coaching Practice:	Coaching Practice Session	12 February 2020
	Graduation	19 February 2020

We will accept ongoing admission through Sept 2019. Dates are subject to change. During the course we do not treat, mitigate or cure disease.